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Mind Body Co-op  
30 N Michigan, Suite 424  
Chicago IL 60602-3844  
312-279-9981

### AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION

I understand my records contain information about my therapy sessions and my mental health. I understand all my records are protected by state and federal laws that require they are kept confidential and require my written consent to disclose.

Name of Client \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby give consent to \_\_\_\_\_ (Name of therapist) at Mind Body Co-op to exchange pertinent and relevant information with the individual/agency identified below.

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Information obtained may include (Check all that apply):

☐ Clinical Impressions and Records

☐ Psychiatric Evaluations

☐ Psychological Evaluations

Educational Evaluations

Speech and Language Evaluations

Academic Records Health

Records Social Work

Evaluations

Other: \_\_\_\_\_

I understand this release will expire 90 days from the date it is signed

I understand that I have the right to revoke this release at any time.

I have been informed and understand this authorization to release records and information, the nature of listed content that I am willing to release, and the implications of their release. I submit this request voluntarily.

Client/Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Relationship to Client \_\_\_\_\_ Dates Effective: \_\_\_\_\_ to \_\_\_\_\_